

2010 UK National Blind Championships

Sailing Instructions

1. RULES

- 1.1. The Racing Rules of Sailing 2009 - 2012 and national prescription shall apply.
- 1.2. The objectives, principles and practices of the RYA Racing Charter shall apply.
- 1.3. Rules 44.1, 44.3, 29.2, 62.1 and 30.2 are changed.
- 1.4. Spinnakers shall not be used.
- 1.5. Each boat shall carry a VHF transceiver (Fixed or handheld) capable of operating Ch M (37), Ch 16, Ch 72, Ch 80.
- 1.6. The use of a depth sounder is permitted.
- 1.7. Each boat shall have a crew of three. See NOR Para: 5 and SI's Para: 5.
- 1.8. Boats shall be allocated on a rotational basis by the Organising Authority.
- 1.9. Competitors shall wear Personal Flotation Devices at all times when afloat. Wet suits, dry suits and non inflated manual life jackets are not sufficient.

2. NOTICES TO COMPETITORS

- 2.1. Any Notices to Competitors shall be posted on the official notice board located in the Race Office.

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. Any change to the Sailing Instructions shall be posted at least 1 hours before the first start of the first race of each day. Changes shall be posted on the Official notice board. Flag L, with a sound signal, shall be flown from a mast adjacent to the Race Office. The Race Officer may advise crews of any change on VHF Ch 72.
- 3.2. Any change to the Schedule of Races will be posted by 09:00 on the day the schedule change takes place.

4. CLASSES

- 4.1. There will be B1, B2 and B3 Classes
- 4.2. **Class Flags.** B1 class, ICF Numeral 1. B2 class, ICF Numeral 2. B3 class, ICF Numeral 3.
- 4.3. Boats shall wear their class flags on their backstay.

5. CREW DIVISIONS

Crew shall be allocated by the Organising Authority.

- 5.1. Crew members shall only be substituted with the permission of the Organising Authority.
- 5.2. **B1 Class** crews shall comprise :-
- 5.3. B1 VIP Helmsperson. B1 or B2 VIP crew. Sighted tactician.
- 5.4. **B2 Class** crews shall comprise :-
- 5.5. B1 or a B2 VIP Helmsperson. B1, or B2, VIP crew. Sighted tactician.
- 5.6. **B3 Class** crews shall comprise :-
- 5.7. B1, B2, or a B3 VIP Helmsperson. B1, B2, or B3 VIP crew. Sighted tactician.

6. ALLOCATION OF BOAT CONTROLS WHILST RACING.

- 6.1. The VIP Helmsperson may handle the helm, main sheet and mainsheet traveller.
- 6.2. The VIP Crew may handle the main sheet and mainsheet traveller, headsail sheet and barber haul.
- 6.3. The sighted tactician may handle the headsail sheet and barber haul. See Para; 14. **PENALTIES** 14.1.
- 6.4. All other boat controls may be handled by any crew member.

7. RACE SCHEDULE

- 7.1. The class starting order for all races shall be class B1, Class B2, class B3, at five minute intervals.

- 7.2. **Friday.** Practice races . First warning signal not before 12.55 hrs.

7.3. Saturday

Race 1 warning signal will be at 09.55.

Races 2 to 5 warning signals will be at times to be advised. There will be a break for lunch between Races 2 and 3.

7.4 Sunday

Race 6 warning signal will be at 09.55.

Race 7 warning signal will be at a time to be advised.

8. RACE AREA

River Orwell near Suffolk Yacht Harbour, Levington.

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9. COURSES

- 9.1 Laminated charts of the racing area shall be provided.
- 9.2 Courses will be devised by the Race Committee. It is intended to set "windward-leeward" formats as far as possible.
- 9.3 The intended location of the start boat and the race marks and their description will be broadcast on VHF Ch 72 not later than 10 minutes before the warning signal for the B1 class.
- 9.4 VHF Ch 72 not later than 10 minutes before the warning signal for the B1 class.
- 9.5 The courses for each race shall be displayed on the Start Boat before the first warning signal. The Race Committee may also broadcast it on VHF Ch 72.

10. MARKS

- 10.1 Inflatable type coloured racing marks shall be laid as appropriate.
- 10.2 Navigation marks may be used when deemed appropriate.

11. THE START

- 11.1 The start/Finish line shall be between a mast wearing an orange flag on the Start Boat and an outer limit mark. The Outer limit mark may be a mark of the course, a navigation buoy or an independent buoy.
- 11.2 The Start Boat may be protected by an inner limit / guard Mark. In which case, boats shall not pass between the Inner Limit mark and the Starting Boat when it is on station (i.e. wearing an orange flag).
- 11.3 A dinghy, or other floating object secured alongside or streamed astern, shall be regarded as part of the Starting Boat.
- 11.4 The class starting order will be B1, B2, B3 at five minute intervals. rule 26, Starting Races, shall apply except that the warning signal for each succeeding class shall be made with the start signal of the preceding class.
- 11.5 RRS rule 29.2 General Recall is amended. In the event of any general recall(s), those races shall be started after the last scheduled start in order of their recalls. The class Warning Signal shall be given at the Starting Signal of the last scheduled start. If the last class to start is recalled, its Warning Signal shall be displayed one minute after the General Recall signal has been removed.
- 11.6 The Race Officer may use VHF Ch 72 to advise time checks and a count down to signals. After the One Minute Signal, the Race Officer may advise the starting fleet (without identifying individual boats) that boats are 'OCS'. Failure to make a broadcast or to time it accurately shall not be grounds for a request for redress. This changes Rules 62.1(a), and is in addition to Rule 41.

12. COURSE ALTERATIONS

The Race Committee may broadcast course alteration on VHF Ch 72. This is in addition to Rule 33.

13. THE FINISH

The Finishing Boat shall indicate it is on station for a finish by displaying a blue flag.

14. PENALTIES

- 14.1 The Scoring Penalty, rule 44.3 will not apply.
- 14.2 Rule 44.1 is changed so that the penalty for breaking a rule of Part 2 is a one-turn penalty.
- 14.3 If the Sighted Tactician / Crew handles the Helm at any time while racing, whether it be an emergency or not, the boat shall take a one-turn penalty. Any such incident shall be reported to the Race Committee.

15. PROTEST AND REQUESTS FOR REDRESS

- 15.1 Protest forms shall be available at the Race Office.
- 15.2 Time limit (Rule 61.3). Protests and requests for redress or reopening shall be delivered to the Race Office within one hour of the finish of the last race of the day.
- 15.2 Notices will be posted on the official notice board within 30 minutes of the end of the protest time period to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room located at East Anglia Sea School, Suffolk Yacht Harbour at the times stated. The time of the first hearing will be posted and hearings will be conducted in the order they are listed.

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16. SCORING

- 16.1 Races and the Series will be scored using RRS 2009-2012 Appendix A, Low Point System. Ties will be broken using A7 and A8. A 9 will not apply.
- 16.2 Discards. Five races or more completed, there will be one discard. Four races or less completed, all races shall count.
- 16.3 A minimum of two races shall be completed to constitute a championship.
- 16.4 Race results shall be posted on the official notice board.

17. REPLACEMENT OF CREW OR EQUIPMENT

- 17.1 Crews shall be changed only with the permission of the Organising Authority.
- 17.2 Boat equipment may only be changed or replaced with the permission of the Race Officer.

18. OFFICIAL BOATS

Official boats shall display IC Flag "Q". All support / rescue boats should maintain a minimum distance of 50 metres from racing boats unless attending a boat in distress. This rule shall not be grounds for protest.

19. LIABILITY

- 19.1 Competitors participate in the Regatta entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for personnel injury or death sustained in conjunction with or prior to, during, or after the Regatta.
- 19.2 A boat is entirely responsible for her own safety afloat and nothing, whether in the Notice of Race or Sailing Instruction or anywhere else, reduces this responsibility.

20. INSURANCE

- 20.1 Each participating boat is being supplied by the organisers and all third party liability rest with the organisers.
- 20.2 Competitors are advised to ensure they have adequate personal injury insurance cover.